

MA-URI® INSTITUTE

NEWSLETTER - 3

THEME: THE CELEBRATION OF MA-URI'S ANNIVERSARY Reflections by Katja

A warm KIA ORA to you all,

Waiotira 12.11.2010

I feel the urge to share thoughts and observations with you conc. the plans we have set in motion to celebrate the coming anniversary of MA-URI – and to briefly outline the pathway I can see leading towards such celebration.

The idea of celebrating MA-URI's 20th anniversary originally came from Poland and it was at the Trainer Meeting at '4 Winds' that the first inspirational ideas were tossed in the air. The Trainers started to outline the plans for such celebration and came up with important questions like: How do we turn this celebration into an event that will involve EVERYONE, i.e. Trainers, students and practitioners of MA-URI and make MA-URI known to the world? - if not on a *global* scale, then importantly so *in each country* where MA-URI is practiced and taught. *These* are the guiding questions we are looking for answers to now and this is the focus we are ready to start organising towards.

It means that we are not looking at creating a *centralised* event, but one that will activate everyone who is part of what we see developing, namely a 'MA-URI community'. The focus is to invite everyone to take active part in special activities in the towns, villages and cities, wherever you may live and practice the gifts of MA-URI - and to do so for the purpose of *CELEBRATING and SHARING the gifts of MA-URI with everyone around!* THAT is the overall focus and purpose of this celebration.

To make such international event successful will require a lot of dedication, high level of enthusiasm and creative energy as well as a few sacrifices – some comfort zones and attitudes may need to be dropped in the process! Choices of 'separation' will be replaced by team effort and experiences of UNITY and togetherness developed through common action, shared vision and passion!

In Poland we saw something like this unfold in the MA-URI Performances held in Warsaw and Wroclaw in 2008. Everyone who was involved in those events KNOWS what I am talking about here – knows of the rewards and what it took! We pay huge tribute to those of you who got involved in these events; you showed the rest of us that something like this IS POSSIBLE!

Contemplating the effect of the financial recession in Europe: We are right in the midst of times where everything is accelerating and everyone is challenged to raise their frequencies to a level of consciousness that will take us beyond fears of survival, beyond patterns that make us separate and fight. - IF we don't make quick changes in our attitudes to raise our awareness level, some amazing opportunities are going to pass us by!! We are challenged to move beyond a focus just on our own difficulties and survival, challenged to TRUST in the power of UNITY and asked to take initiatives that will benefit EVERYBODY! And because of the speed in which everything is happening, we are not given much time to make the necessary changes! 'Get on the fast train or be left behind', seems to be the message. We can choose to see these times as hard and disheartening ones OR as exciting times where we'll have our bums and mindsets kicked alright, yet in our hearts we *know* it is all for a good reason and for the shaping of an exciting future!!

Let us remember that these are the times when we can do the greatest good for the World, for Humanity *and* in that process speed up our own personal development. The time and opportunities have come to expand our minds and fire up the engines of our hearts!

SUGGESTING THE PATHWAY: Creating the Network and Gaining Experience in 2011!

Establishing connections between practitioners as well as between trainers-students-practitioners for the purpose of developing the ideas for a whole range of celebration activities is of vital importance. Creating MA-URI events throughout 2011 would give everyone some practice in organising and actually carrying out such events. WHY? Because let's face it: Very few have tried to organise Anniversary Events of these proportions and experienced what it actually takes in terms of organisational skills, people skills, initiative and courage, focus and awareness, timing, connectedness etc. to make it all come together in beautiful harmony and thus have a profound impact on everyone involved!

So to get some valuable experiences and explore what it is going to take to make the celebrations in 2012 successful, let's start the activities and have MA-URI performances, open clinics and other projects

running throughout next year, i.e. 2011. This way we can start preparing local and national communities for the culmination of MA-URI Celebration Events in 2012 – and we start building up the *energy wave empowered by MA-URI frequencies of love, sacredness and healing!*

Let's establish the necessary connections and look for resource persons who would like to get involved and help open doors to a wider audience. Let's see weekends arranged where everyone in the neighbourhood is invited to have free bodywork sessions in clinics and dance sessions in the park – let's see weekends being created where people can come together and get a feel or glimpse of what the training is about etc. etc. etc. And let's see practitioners change the mindset from 'Oh, we cannot recommend our clients to explore the benefits of the training!' Such common approach could be changed to a new and much more *empowering* one: Let your clients SEE and FEEL the dynamic energy that you have built as a result of your training and your love of MA-URI! Radiate the love and the passion/compassion that they are seeking to bring into their own lives. That's all it sometimes takes to inspire others! By doing so you allow the energy and life force to FLOW and MOVE freely between you and your clients and by pointing them in the direction where they may *find* the building blocks and keys for such vibrant life force, you give them a chance to expand and grow. As students they will bring that energy and flow into the workshops and you will be part of that ever-expanding ripple effect that benefits everyone and creates positive changes in the world!

When such activities and approaches are brought into life from a level of consciousness that focuses on motivation like: '... to fulfil my purpose in life'; '... so I can make a positive difference to the lives of others'; '... to show the world the magic of MA-URI' etc. etc., *then we start to feed and empower a WAVE of Tsunami proportions and impact!* By all of us joining together our finest energies for the purpose of contributing to this world and sharing the gifts of MA-URI, then that can be as powerful as a Tsunami - only here it'll be one of *positive and empowering effect!* Through the empowerment of **constructive** energies like LOVE, UNITY and SHARING, I am convinced that we can make a positive difference to the world and in that process begin to understand the meaning and impact of the principle 'Everything is connected with everything – there is and can be no separation!'

Our thoughts manifest realities - we know that! And mass consciousness has already shown us enough examples of what negative thoughts and emotions, destructive energies, fears, selfishness and hopelessness create: they join together to feed and create huge waves of destructive forces that devastate the lives of people, animals, plants and buildings and upset the balance of our planet and beyond.

Let us not feed those destructive forces, but channel our love, passion and fine skills into waves of consciousness that carry abundant life-force and blessings from Spirit to the world and beyond.

THE VISION

Throughout this process of reflection I have had this image or vision of a WAVE moving gracefully through every thought and proposal, starting from just a puddle in the ground to filling up, spilling over, growing and expanding, building mass and movement! Love and Trust energies are increasing and gradually creating a HUGE WAVE of MA-URI energy, moving at high yet extremely graceful speed. It looks like the drawing of a Maori design in the making, done with very elegant, simple lines - and having a *blessing effect* wherever it touches or splashes its drops! THIS image empowers me and sweeps away all doubt and fears, empowers and blesses - AND takes us to that 'place beyond the horizon' where Celebrations are being prepared!!

How can we generate such energy, build such wave of beauty, blessing and empowering effect through our activities in 2011 that we can face MA-URI and give it what it truly deserves: A celebration that is empowered by creative, sacred and great healing powers?!! THAT is the vision I place before you and present to you in my proposals here conc. 2011 and 2012 activities.

With great love to you and sincere blessings from
Katya